

Ross Institute
— FOR TRAUMA —
At Denton



Trauma Model Therapy for Addictions and Complex Comorbidity

Presenters: Colin A. Ross, M.D. and Melissa Engle, MS, LPC, ATR

Trauma Model Therapy is the basis of treatment in Dr. Ross' Trauma Program at UBH Denton. Dr. Ross will explain the core principles of TMT and illustrate treatment techniques and strategies through case examples. Melissa Engle will then explain the Integrated Addictions Model used at Healing Springs Ranch, which includes the Spectrum of Emotions, a scheme she developed for treating complex trauma and addictions. Like Dr. Ross, she will illustrate treatment techniques through case examples. Dr. Ross and Melissa Engle will also do role-plays of therapy sessions. The workshop will be practical and hands-on with many examples of specific techniques and strategies.

Objectives: Participants will be able to:

1. Describe the core principles of Trauma Model Therapy (TMT) used at UBH, Denton
2. Describe specific treatment techniques of TMT
3. Describe the Integrated Addictions Model used at Healing Springs Ranch.
4. Describe specific treatment techniques from the Integrated Addictions Model.

Attendees will receive partial credit towards TMT Certification.

**Thursday and Friday, February 7-8, 2019
8:30 am to 4:45 pm both days**

**Collin Higher Education Center, 3452 Spur 399,
McKinney, TX 75069**

Fee: \$225.00 includes breakfast

Lunch is on your own

**11 credits: APA, Texas SW, LPC, LMFT.
Application for NBCC credits are under review**

Day One—Colin A. Ross, M.D.

8:30-9:00	Registration
9:00-10:15	Genes vs environment & limitations of medications in addictions.
10:15-10:45	Break
10:45-Noon	Principles of Trauma Model Therapy
12:00-1:15	Lunch
1:15-2:45	Techniques, Strategies and Case Examples
2:45-3:15	Break
3:15-4:45	Role Plays of Therapy Sessions Question & Answer

Day Two—Melissa Engle, MS, LPC, ATR

8:30-9:00	Registration
9:00-10:15	The Integrated Addictions Model
10:15-10:45	Break
10:45-12:00	The Spectrum of Emotions
12:00-1:15	Lunch
1:15-2:45	Techniques, Strategies and Case Examples
2:45-3:15	Break
3:15-4:45	Role Plays of Therapy Sessions Question & Answer

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Presenter Bios



Colin A. Ross, completed medical school at the University of Alberta and his psychiatry training at the University of Manitoba in Canada. He is a Past President of the International Society for the Study of Trauma and Dissociation and is the author of over 220 papers and 30 books. Dr. Ross is the Director of hospital based Trauma Programs in Denton, Texas, Grand Rapids, Michigan and Torrance, California. Dr. Ross has spoken widely throughout North America and in Europe, China, Malaysia, Australia and New Zealand. He has been a keynote speaker at many difference conferences, and has reviewed for over 30 different professional journals. In addition, Dr. Ross has served as expert witness in over 50 court cases, consulted on several television, movie and video productions on trauma related disorders, and has produced six educational videos and CD's for mental health professionals on the treatment of trauma based disorders.

Melissa Engle, MS, LPC, ATR is the Clinical Director And Co-founder of Healing Springs Ranch LLC. She is a Licensed Professional Counselor (LPC) and a Registered Art Therapist (A.T.R.). She has over 25 years of experience treating trauma and addictions and was the Executive Clinical Director at the Ross Institute for Psychological Trauma for 20 years. She is an internationally recognized speaker on the effects of trauma, addiction, and the comorbid client. Melissa has a unique way of combining theory with specific treatment techniques emphasizing experiential/expressive treatment modalities. With this combination it allows her to reach a broad range of clinicians and participants. Her humor and case examples create a highly entertaining presentation style that makes her a recognized and sought-after speaker.



This workshop is held in facilities which are in compliance with the Americans with Disabilities Act. Please contact Kristi Lewis at Kristi.Lewis@uhsinc.com if special accommodations are required.

Psychologists: The Colin A. Ross Institute for Psychological Trauma is approved by the American Psychological Association to sponsor continuing education for psychologists. The Ross Institute maintains responsibility for this program and its content.

Texas Social Workers: The Colin A. Ross Institute for Psychological Trauma is approved by the Texas State Board of Social Worker Examiners to offer continuing education clock hours to Texas social workers. The Ross Institute maintains responsibility for this program and its content. Provider Number: 6366



Pending the National Board of Certified Counselors (NBCC) approval The Colin A. Ross Institute for Psychological Trauma is an NBCC approved continuing education provider and may offer NBCC approved clock hours for events that meet NBCC requirements. The Ross Institute is solely responsible for all aspects of the program. Provider Number:

This program is co-sponsored with University Behavioral Health–Denton and Healing Springs Ranch.



The Colin A. Ross Institute for Psychological Trauma
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972-918-9588 email: teresdesk@rossinst.com website: www.rossint.com

On-Line Registration at: www.rossinst.com

Questions contact: Kristi.Lewis@uhsinc.com

Tere Kole at teresdesk@rossinst.com

To Register by Mail:

Name

Discipline and License #

Address

City

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Zip

Email

Phone

My payment of \$ _____ is enclosed

Mail checks made payable to: The Ross Institute, 1701 Gateway Blvd. , Suite 349, Richardson, TX 75080

Program Fee

\$225.00 includes both days

Full refund until 5:00pm February 6, 2019

No refunds day of workshop

